



PRESENTS

Payson Center for Cancer Care **ROCK'N RACE**

2019 One Mile Loop Option



START: Line up with walkers on Capitol Street, near the South entrance of the State House.

- 📍 Take an immediate left onto North State Street
- 📍 Right onto Pleasant Street
- 📍 At South Spring Street intersection Stay straight on Pleasant
- 📍 Right onto Rumford Street
- 📍 Right onto School Street
- 📍 Follow other walkers/runners down School Street - please utilize sidewalk to stay clear of runners
- 📍 Left onto Green Street

Right onto Park Street