



PRESENTS



REGISTRATION FORM

Please print clearly using a pen! This form may be photocopied if needed. Please use a separate registration form for each participant or register online at rocknrace.org.

SAVE \$6 by registering online at **rocknrace.org!**

Bib#: _____

Registration Amt: _____

Contribution Amt: _____

Cash

Credit

Check#: _____

For Office Use Only

THURSDAY, MAY 16, 2019
State House Plaza, Concord, NH
6 pm

First Name: _____

Last Name: _____

Gender: Male Female Age: (on day of race) _____

I am walking/running as: An Individual Part of a Team

Team Name: _____

Company Name: (if different than Team Name) _____

Submit a Team Roster by April 15 and receive customized team T-shirts! Please enclose a separate registration form for each team member. Teams may consist of twelve or more runners and/or walkers.

Street Address: _____

City, State, Zip: _____

This address is: Work Home

Daytime Phone: _____

E-mail Address: _____

I plan to: Walk Run

Free T-shirt to first 4,000 registrants!

I do not want a T-shirt

My size: Youth(L) Small Medium Large X-Large 2XL 3XL

Enclosed is:

Paper Registration Fee: \$35

Youth Registration Fee (14 years & under): \$12

\$85 - I want to be a Superstar! Please accept my \$50 contribution, in addition to my individual registration fee.

My company has matching funds. My matching gift form is attached.

Please make checks payable to Concord Hospital Trust.

Send registration form and check to:

Concord Hospital Trust, 250 Pleasant Street, Concord NH 03301

RELEASE AND WAIVER (UNSIGNED WAIVERS WILL BE REJECTED): I hereby for myself, my heirs, executors and administrator, waive and release any and all rights and claims for damages I may have against the sponsors, coordinating groups and any individuals associated with the Rock 'N Race 2019, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, recordings or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parent's Signature: (if participant is under 18) _____ Date: _____

SAFETY ISSUES

With more than 5,000 runners and walkers in 2018, Rock 'N Race has become a meaningful community event. We want it to stay that way and ensure everyone's safety. For that reason and to adhere to USATF rules: **no bikes, roller blades, skateboards, headphones or pets** will be allowed on the course.

Individuals pushing strollers are prohibited from running in this event and must register as walkers.

These are serious safety issues and will be enforced.

BECOME A SUPERSTAR!

At the \$85 level and together we will rock the cancer world! Contribute an additional \$50 to Payson Center for Cancer Care and help keep our registration fees low.

Map of Race Course at rocknrace.org