



# Your Trust

News of David's diagnosis, possible treatment and courses of action sent the couple into a veritable fog with a never-ending cycle of questions about what should happen next. David and Mary attended two programs via the Payson Center for Cancer Care's HOPE Resource Center, giving them the answers and support they needed – as an individual, a caregiver; and, ultimately, a family.

The power of a patient group is its ability to educate, help to understand and assimilate a heavy load of information quickly, at a point when you feel alone and scared. The information and support the Braiterman's found moved them from feeling victimized to feeling empowered.

The *I Got You Babe* program helped the Braitermans develop communication skills. Always thinking they were great communicators, David's cancer diagnosis taught them how to talk to each other in a much different way.

The *Man2Man* group focuses on couples living with prostate cancer. Mary describes the *Man2Man* program as a "safe place to be with your partner to be heard, at a time when you are so fragile."

Become part of the [Rock 'n Race family](#) and keep HOPE alive, providing these essential programs and services for our family and friends battling cancer.



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