

Cancer has not taken a break during the COVID-19 pandemic, so Payson Center is asking supporters to "Go the Social Distance" for its HOPE Resource Center in **Rock 'N Race 2020 : 6FT to 5K**.

This year, instead of thousands gathering at the Statehouse to walk or run 5K through the streets of the capital city, participants will raise critical funds throughout the month of June, at their own pace and on their own course.

Rock 'N Race provides **fifty percent** of the annual funding for HOPE Resource Center, supporting more than 1,000 patients each year with programs and services including social work, nutritional counseling, complementary therapies and funds for out-of-pocket expenses – all at no cost to patients.

Simply said, without Rock 'N Race, HOPE programs and services are at risk and patients may not have all the support needed.

How can you help? We're encouraging participants to form teams and ask family and friends to support their fundraising, then walk or run together during the month of June – using proper social distancing guidelines. Participants can register online at https://giveto.concordhospital.org/events/rock-n-race or download a registration form and mail it to Concord Hospital Trust, Attention: Rock 'N Race, 250 Pleasant Street, Concord NH, 03301.

All proceeds from the event support the HOPE Resource Center at the Concord Hospital Payson Center for Cancer Care. Since 2003, Rock 'N Race, presented by Merrimack County Savings Bank, has raised more than \$3.5 million dollars for the Payson Center. Every dollar matters, now more than ever. You truly can make a difference.



Concord Hospital Trust

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