



March 13, 2023

Dear Friend,

How could I say no? As an employee of Concord Hospital, I just had to join in! I knew I could make an impact with my CHampions gift.

I stumbled upon art therapy in pursuit of my psychology degree nearly 15 years ago. Fast forward to my early days as an assistant practice manager at Concord Hospital. I'd never expected to become familiar with my new workplace's therapy program so quickly. My first encounter with our Therapeutic Arts & Activities Services program – now known as Therapeutic Arts & Holistic Services (TAHS) - came when my best friend was here with her mother. You can imagine her mom's incredible delight when the therapeutic musician began to softly play her favorite song at her bedside. Tears of joy along with a relaxed and content peace slowly washed over her mom's face. And, I knew I had found my home...

This simple act of live music at the bedside was an incredibly effective and heartwarming gesture of healing, compassion and caring. The TAHS program supports our patients in unique and artistic ways, and is one of the many programs that speak to the unique culture of Concord Hospital and the people that make our health system truly one-of-a-kind. A health system with staff that regularly go above expectations to be exceptional!

I designated my very first gift to the TAHS program because I knew my gift would help to ensure other patients would experience this very special program led by incredibly talented people and supported by dedicated volunteers that I am proud and honored to call my co-workers and my friends.

I highly encourage you to look around at the amazing folks you work with each and every day and consider how your annual CHampions gift could make the biggest impact on their work, patient care, and for them personally.

Please join Regina and I with a gift to CHampions as we join together in friendship to share our stories of giving. And, please accept our sincere thanks for your incredible commitment to patient care and to the support of each other.

Sincerely,

Shanka Boudreau  
Applications Analyst III

P.S. Please join me and hundreds of other employees in giving to support Concord Hospital's work this year!

***Together we are stronger!***



Dear Friend,

It takes a village! And, I am truly grateful for the village that surrounded me in my youth.

Growing up as a disadvantaged kid, I benefited immensely from the generosity of others. From receiving hand-me-down clothes, to hearty dinners at friend's homes, to sincere teachers helping me navigate the path to college, this support from others when I needed it was fundamental to who I am today. If it weren't for my village, the direction I chose may have been quite different. I've never lost sight of what this extra support from others has allowed me to accomplish.

Here at Concord Hospital, our Employee Helping Hands Fund was designed to be that village of support.

I've seen staff within my own department that are in a financial bind, benefit from a grant to buy heating oil in the dead of winter; receive money for necessary car repairs to get to work; and receive support to make a rent payment.

Concord Hospital's Employee Helping Hands Fund provided a needed boost for these three staff members, and so many more since its beginning in 2009. In today's economic climate, it is all too common for hard-working colleagues to come up short on cash during an emergency. This Fund, appropriately named, is that helping hand during extreme times of need when our work family can support one another. Your gift, along with others can provide that helping hand.

Because this Fund helps employees during their time of need, my CHampions gift is designated to the Employee Helping Hands Fund. We are all champions! And even champions occasionally need help.

Sincerely,

Regina Martin  
Director, Pharmacy

P.S. Your gift of support acknowledges your commitment to our exceptional culture. And for that I thank you!

***Together we are stronger!***